

# **NEWMARKET'S GRAND NATIONAL WEEKEND**

Newmarket Masters Swimming Squad went to the ASA National Master's and Senior Age Group Championships which were held at the Ponds Forge International Sports Centre in Sheffield returning with 3 Gold's, 1 Silver, 2 East Region Records, 14 Personal Best's and 13 Season best's

The weekend started off brightly on Friday Evening with a string of good results from Jane Smith getting a SB in the 100m Backstroke, Josh Hall gaining a 3 second PB in the 100m Breastroke and Ashley Buck starting off his Medal Tally with Gold in the 100m Backstroke along with a SB.

Saturday morning brought more Joy with Jane, Josh, Olivia Curtin and Philip Gilbey all gaining PB's in the 100m Freestyle, as the morning came to a close Olivia set the standard with a PB in the 50m Backstroke with Jane, Peter Winter setting SB's and to finish off the first morning Ashley brought home for the Club Gold and a Season Best in the 50m Backstroke.

On Saturday afternoon the club was joined by Jessica Nelson who is studying at University who took to the challenge and set a SB in the 100m Fly, not to be outdone Josh went a set a 11sec PB in the 200m Breastroke.

Saturday Evening's opened with Ashley gaining Silver and a East Region Record in the 200m Freestyle with Olivia clocking a 3sec PB and Jessica scoring a SB in the 200m Free. Saturday's account was closed by Philip and Olivia gaining great PB's in the 100m Individual Medley along with Jane, Jessica and Peter getting SB's in the 100m I/M.

If Saturday was anything to go by Sunday saw a string of tremendous results pile in the morning brought PB's for Jane, Josh, Philip, Olivia and SB's for Ashley and Peter in the 50m Freestyle.

Sunday afternoon was the final session and the club carried on in fine form with Josh and Philip gaining PB's in their 50m Breastroke, to close the event Olivia scored a final PB in the 200m Backstroke to accomplish the same as Josh a PB in all of their events and to close off the event in tremendous style Ashley scored Gold and a East Region Record in the 200m Back.

The Team would also like to thank Chris Curtin for coming along as an official.

