








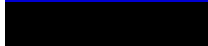







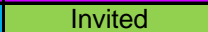









Newmarket Swimming Club Sessions 2011/ 2012

			Sessions	Hours
	Transition	Stage 1	3	3 1/2
	Juniors	Stage 2	5	4.5 + 2
	Junior Age	Stage 3	6	6 + 2
	Age Group	Stage 3	6	7 + 2
	Top Age/Youth	Stage 4	8	10 1/2 + 2
	Training to win	Stage 5	0	0
	Seniors	Stage 4	2, 4 or	3,6 or full
	Masters	Stage 4	2, 4 or	3,6 or full
	Disability		2	2
	Invited Squad	Stage 2 - 5	1	2
	Land Training		1	1







Monday

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
					
 Invited	 Invited	 Invited	 Invited	 Invited	 Invited
					
 Invited	 Invited	 Invited	 Invited	 Invited	 Invited






















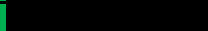


Tuesday

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
					
					







Wednesday

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
					
					
















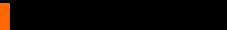
Wednesday

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
					
					
					
					



















Thursday

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
					
					

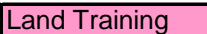


























Thursday

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
					
					
					
					

Friday

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
					
					
					

Sunday

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
 Land Training	 Age Group & above				
					
					
					
					
					

Compatibility Report for Water Time for 201112.xls
Run on 11/08/2011 17:11

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Minor loss of fidelity

of occurrences

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Version

Excel 97-2003